

Contact us information

Central Coast
T 02 4324 5677
F 02 4324 5408

Mid North Coast
T 02 6551 0722
F 02 6551 0822

Consulting

ENT Gosford
29 Hills St,
Gosford NSW 2250

Coast Sleep
18-20 Wiowera Road,
Kanwal, NSW 2259

Mayo Specialist Centre
Mayo Private Hospital
2 Potoroo Drive,
Taree NSW 2430

Operating

Gosford Private Hospital
Burrabil Ave, Gosford North NSW 2250

Tuggerah Lakes Private Hospital
645 Pacific Highway Kanwal NSW 2259

POST OPERATIVE INSTRUCTIONS

Major Ear Surgery

General

- The head bandage will be removed by doctor the morning after surgery
- You will be supplied with dressings and instructions by the ward nurse prior to discharge
- There is dissolvable dressing called gelfoam in the deep ear canal and a yellow gauze strip with medication in the outer ear canal. These dressings must remain until your first postoperative appointment with doctor.
- You may shower or bath without getting the ear wet
- Over the first 2 weeks you may feel tired
- You will not hear much through the operated ear
- Avoid bending over, lifting or vigorous activity for 2 weeks
- Please take all regular medication unless specified by doctor to cease for the preoperative period
- A degree of dizziness can occur, but severe spinning sensation should be reported to the doctor's office

Care for Ear

- Ear must be protected from getting wet
- Carefully replace the cotton wool in your ear every day, ensuring that the yellow gauze remains insitu
- All dressing material in ear canal must remain in situ
- Cotton wool with Vaseline will help with water exposure into the ear canal

Bleeding

- Some bleeding in the first few days is expected
- The outer dressings can be changed but please leave in the dressings in the ear canal

Pain

- It is usual to experience mild to moderate degree of discomfort, sometimes with jaw pain
- If there is swelling in the wound soft tissue where the sutures are, you may have some sharp pain
- Please take the pain medication prescribed and contact doctor's office if pain persists
- Please take antibiotics as prescribed

When to call the doctor

- Excessive pain or dizziness not controlled with medications prescribed
- Excessive bleeding